



June 22, 2024

Protocol for On-Course Medical Triage
(medical emergencies and non-emergencies)

Any issue pertaining to a runner on the course (medical, questionably medical, or not) should be called into the Marathon Medical Command Center (**MMCC**) at **206-251-4088** or by a Ham radio operator on the course via Medical Net Control. MMCC staff will triage the situation as a medical emergency or not (with both scenarios listed below).

MMCC staff include: Dr Harrast (or designate); 2 Ham radio operators, Net Control computer operator ("Medical Net"); Medic One Lieutenant; AMR dispatcher

Scenario #1

When a runner goes down on the course with a **medical emergency (to request an ambulance)**:

1. Whoever reaches that person first calls the Marathon Medical Command Center (**MMCC**) (**206-251-4088**) or the Ham radio operator connects to Medical Net. **Do NOT call 911.**
2. The on-site Medical Captain or HAM reports the following to **MMCC**:
 - a. Your name and credentials (MD, EMT, RN, etc.)
 - b. Runner's Bib Number
 - c. Condition of Runner and Presenting Problem
 - d. Pick-up Location
 - e. When ambulance leaves, communicate again to MMCC:
 - i. Time of departure
 - ii. Destination hospital
3. **MMCC** dispatches ambulance (BLS VS ACLS) and the closest medical provider (bike medic, EMT, medical doctor on course)
4. All serious cases should be discussed with Dr. Harrast after the ambulance has been dispatched.
5. If you wish to speak with Dr. Harrast, if not certain about a case or ambulance need, call **MMCC** and ask to speak to Dr. Harrast.
6. **MMCC**/Medical Net Ham reports info to Timers (Bib #, condition, location)
7. Timing Room will provide Louise the following (:
 - a. Bib #
 - b. Name
 - c. Emergency contact info
 - d. Home City



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Scenario #2

When a runner is picked up on the course for a minor (non-emergency) medical issue (or because they are wet and/or tired; ie, want to quit the race):

1. Similarly, whoever is with the runner first calls the Marathon Medical Command Center (**MMCC**) (**206-251-4088**) or the Ham radio operator connects to Medical Net.
2. The on-site Medical Captain or HAM reports the following to **MMCC**:
 - a. Your name and credentials (MD, EMT, RN, etc.)
 - b. Runner's Bib Number
 - c. Location of Runner
 - d. Where Runner will be taken if known (Finish Line Medical Area?)
3. After appropriate triage by **MMCC** staff, Medical Net Ham alerts Net Control (via computer).
4. Net Control dispatches the Sag driver that can arrive the quickest.
5. Ham takes runner to a warm, dry place (i.e. the SAG vehicle) and gives the runner a "space blanket".
6. SAG driver reports to SAG Net Control when runner is picked up.
7. SAG driver can continue to pick up other runners, after appropriate triage thru **MMCC** (and reporting of all Bib numbers).
8. If there is a medical need, **MMCC** Medical Net Ham reports to Finish Line Medical Ham that runner is on his/her way in SAG vehicle.
9. SAG driver calls SAG Net Control when they are 5-minutes away from Finish Line
10. SAG Net Control reports to Finish Line Medical Ham of arriving runner(s)
11. SAG Net Control dispatches two Hams to meet the runner(s) with a wheelchair (if requested by SAG driver) and transports runner to VRA medical station for treatment.
 - a. If runner does not have a medical issue, he/she is escorted directly to the Timing Tent to contact friends/family and report whereabouts
12. Finish Line Medical Ham reports to **MMCC** Medical Net Ham when runner has arrived in Finish Line medical station.
13. Net Control reports to Timers with information on runner (Bib #, condition, location)
14. After being treated, runner is escorted back to the Timing Tent to contact friends/family

***Whenever a friend or family member makes an inquiry re: the whereabouts of a runner:

1. Direct that person to the Timing Tent near the start line
2. Net Control will have information or bring the person to the Timing Tent to receive further information